

# a growth plan for when you don't know how to create a growth plan!

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Sometimes you (or a report) need to find a trajectory and set some personal goals and you don't know where to start.

This worksheet helps you carve your path and learn more

## **pick a time frame**

*a month, a quarter, a year, anything! If you don't have a lot of experience with this, it's best to start with one-two months*

## **what does the next step in your career look like?**

*it can be something concrete: a role in your company, a job somewhere else, etc.*

*it can also be something qualitative: helping more people with what you do, being an expert in the field, being better at X, etc.*

## **find a person who's already there**

*a coworker, a stranger on the internet or a friend. it doesn't have to be anyone you know*

## **list some behaviours that tell you they are there**

*they gave a talk, they help with database questions in the team slack, they tweet about technical things, etc.*

## **emulate!**

*try to emulate their behaviour to the best of your ability.*

*if they gave a talk, start preparing a talk as well! If they answer questions, try answering them on your own, for yourself first.*

*you'll discover so many things along the way!*

*in a couple of months you can take a look at this list and, with the new information, reevaluate whether this is truly the next step for you. Good luck!*